

# acqua spa menu

Nestled in the lush tropical greenery of The Potlatch Club, our acqua spa embodies the tranquility and raw, natural beauty of the island. The spa organically integrates elements of the surrounding environment into its design and treatments, offering guests a rejuvenating escape from the stresses of modern life. The intimate treatment room, with its sustainable materials such as locally sourced wood and pink, coral stone floors surrounded by Bahamian-louvered windows offers full yet private views of the pristine, tropical gardens, creating a serene and calming atmosphere.

massage

Choose your mood:

- I need to slow down: Lavender
- I need to reset: Seaweed and Chia
- I need to feel energized: Citrus and Cypress
- I need to relieve tension: Mint and Eucalyptus

## The Potlatch Club Signature Massage

60 min: \$300 90 min: \$390

Immerse yourself in the serenity of The Potlatch Signature Massage, a harmonious fusion of Swedish, deep tissue, and reflexology techniques. Rooted in ancient healing practices, this deeply therapeutic experience soothes both body and mind, gently dissolving stress while addressing areas of tension. With each intentional stroke, this sacred treatment nurtures your inner calm, restoring balance and inviting a profound sense of renewal. Designated to leave you feeling grounded and rejuvenated, it's the perfect ritual of those seeking relaxation, healing and holistic well-being.

## Deep Tissue Massage

60 min: \$250 90 min: \$340

This massage helps to warm and relax the muscles, improving the range of motion in the body. Enjoy before or after physical activity to help increase flexibility or speed recovery of strained muscles.

#### Swedish Massage

60 min: \$210 90 min: \$300

This classic European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

#### **Balinese Massage**

60 min: \$180 90 min: \$220

A soothing massage using medium to low pressure to relieve muscle and joint pain. This therapy helps improve blood circulation, reducing stress and fatigue.

#### Hot Stone Massage

60 min: \$250 90 min: \$340

Heat from Aroma Stones is worked deep into the muscles, getting into areas of tension at a profound level and penetrating them to release trapped energy, resulting in intensely hydrated skin.

#### Cabana Beach Massage

60 min: \$200

A relaxing outdoor 60-minute experience, incorporating techniques to relax, balance and stimulate. The Cabana massage is infused with an aromatherapy oil that resonates with your wellbeing and senses, making it a holistic experience. With the soothing sound of waves as your backdrop, this massage will leave you feeling relaxed and rejuvenated.

#### **Couples Massage**

60 min: \$440 90 min: \$620

Indulge in a side-by-side Potlatch personalized massage and spend quality time together, reserved for two. Select any other massage for an additional fee.

## Ayurvedic Face + Scalp Massage

60 min: \$190

A revitalizing therapy that concentrates on the face and scalp, incorporating Ayurvedic principles to re-establish equilibrium and enhance the skin's radiance.

## Head, Neck and Shoulder Massage

45 min: \$200

A targeted massage focusing on the head, neck and shoulders - areas that hold the greatest tension. This therapy improves blood circulation, reducing stress and fatigue.

# Foot Reflexology Massage

60 min: \$180

Focusing on pressure points on the feet to relieve tension and promote overall wellbeing throughout the body.

body spa

# **Energizing Citrus Scrub**

60 min: \$220

This sensory treatment polishes skin due to its highly effective exfoliating agents. Feel the citrus energy that eliminates dead skin cells and reveals an extraordinarily radiant and protected skin.

# **Dead Sea Renewal**

60 min: \$220

Dare to renew yourself. Dive into this indulging texture and reveal baby soft skin with the exfoliating marvel of Dead Sea salt crystals and rice powder. The treatment is completed with a customized aromatherapy massage leaving your mind, body, and skin restored with a rejuvenated level of energy.

## Vitamin C Drench Wrap

60 min: \$220

This ritual begins with a full body exfoliation, followed by a hydrating body wrap. Natural ingredients such as shea butter, ascorbic acid, and orange extract help protect the skin from dehydration and the signs of premature aging. This treatment provides intense antioxidant benefits to the skin, leaving it firmer-looking after just one session.

facials

# Anti-aging Vitamin C Citrus Facial

50 min: \$220

Indulge in a facial that restores firmness to your skin. Infused with vitamins to nourish and boost your complexion, this treatment enhances both elastin and collagen production. Help protect your skin from free radicals and prevent premature aging as you emerge with a renewed, radiant, and luminous complexion. This treatment is perfect for brightening and firming, age prevention, and those who may suffer from sun-damaged skin.

## Hydraluxe Luminous Facial

50 min: \$220

An intensely revitalizing anti-aging treatment for the most demanding complexions. This facial uses sophisticated ingredients for long-lasting hydration. Natura Bisse's Diamond reinforces the skin's natural defense system, improving elasticity and luminosity while simultaneously soothing and calming the skin. Designed for those looking for the ultimate in luxury skincare with radiant results.

## To Book an Appointment

For information or to reserve a treatment, please contact us at (242) 699-7001 or tgyem@thepotlatchclub.com.

#### Service Charge

For your convenience, a 10% service charge will be added to each spa service. This includes gratuities distributed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. All prices are subject to 10% VAT.

#### **Cancellation Policy**

If you reschedule or cancel your appointment, please notify the spa at least 24 hours in advance of your appointment to avoid being charged the full treatment fee. Any appointments rescheduled within the 24-hour window will incur a charge fee of \$40. Please contact us directly for additional information, policies, packages, and private parties.

#### Age Requirements

Guests must be 18 years of age or older to experience any treatments. Massages and facials cannot be performed on anyone under the age of 18 years.

## Hours of Operation

Spa Treatments and Facilities: 9:00 am - 8:00 pm Treatment selection and pricing subject to change. Reservations required. The Gym is available 24 hours daily.